

Supporting Our AAPI and BIPOC Communities

We at the EAP are grieved and concerned that our Asian, Asian American, and Pacific Islander colleagues specifically and the larger BIPOC community continue to suffer from ongoing violence, xenophobia, hate crimes, microaggressions, stereotyping, and racist jokes. We as a department extend our hand and support to say you don't stand alone. As counselors, we are dedicated to our continued learning and unlearning, to speaking up against the violence no matter how subtle it is, and to providing therapeutic spaces to support healing from racial trauma. We are committed to working for the safety and protection of the AAPI and BIPOC communities. As the EAP, we are here, listening and continuing to work to be responsive in collective care.